



FAMOUS//NEWS

# JEN IS 4-Oh!

AS HER 40TH BIRTHDAY ROLLS  
AROUND, THE SEXY ACTRESS IS  
LOOKING HOTTER THAN EVER!

**A** FIT AND FABULOUS JENNIFER ANISTON CELEBRATES HER 40TH BIRTHDAY ON FEBRUARY 11, AND THE HE'S JUST NOT THAT INTO YOU ACTRESS IS LOOKING BETTER - AND YOUNGER - THAN EVER.

With a hot toyboy on her arm - 31-year-old John Mayer - and a hugely successful film career, Jen is on top of the world. "You have to love your life," she said recently. "I have my health, my friends, I have my loved ones. I'm extremely lucky."

The actress appears to be genetically blessed, given she still doesn't look a day over 30, and while there's speculation that she's had a little surgical help - some sources claim Jen spent \$100,000 on plastic surgery and beauty treatments last year - the star insists she's au naturel, keeping in shape with yoga and "eating whatever I want". Either way, the former *Friends* star is thrilled to be hitting the milestone in great shape.

"I'm very excited," she says of turning 40. "I had more of a panic going into 30. I think you realise that it just gets better." She's looking hotter every year, that's for sure! ★

**LIPS:** In her quest to look younger for toyboy John, it's been reported that Jen has had collagen injections to make her lips fuller and fill in the fine lines around her mouth. "It looks like she may have had some filler in her upper lip. It's subtle, but it benefits her face," says plastic surgeon Dr Kevin Tehrani.  
*PRICE: \$3000 a session*

**CHEEKS:** Jen is said to have had Juvèderm and facial filler injections to plump her cheeks and make them appear more youthful as well as Botox injections in her forehead to get rid of telltale creases.  
*COST: \$5000 a session*

**HAIR:** Well known for her slick, shiny mane, Jen has regular salon treatments as well as styling, cuts and colours from Hollywood's hottest celebrity hairdressers.  
*COST: \$1500 a week*

**BUTT:** Jen is said to have both VelaShape and LipoDissolve treatments regularly to get rid of any dimples or "cottage cheese" fat deposits on her backside.  
*COST: \$4500 a session*

**DIET:** Jen reportedly has a private chef who prepares low-fat, low-carb, high-protein meals for her everyday to ensure she keeps her weight in check.  
*COST: \$5500 a month*

**WAXING:** With an always-smooth bod, Jen is obsessed with making sure there are no stray hairs with regular waxing sessions. "She's neurotic about bikini waxes," reveals Dawn DaLuise of Dawn DaLuise Skin Refinery in LA, who used to visit the *Friends* set to work on the actress. "She'd even call when there was no hair to wax!"  
*COST: \$200 a fortnight*





**EYES:** Jen has allegedly had Botox to get rid of fine lines and wrinkles around her eyes. "Her brows look elevated, which means she may have had Botox," says celebrity plastic surgeon Dr Tehrani.  
**PRICE:** \$2000 a session

**NOSE:** Jen was snapped hiding her bruised nose outside the office of famous Hollywood rhinoplasty surgeon Dr Raj Kanodia – who reportedly slimmed the beaks of Ashlee Simpson and the Olsen twins, too – in Jan '07.  
**PRICE:** Two nose jobs, \$24,000

**BREAST IMPLANTS:** While Jen denied having breast augmentation – plumping her 34B bust to a C cup – saying she'd just gained a few pounds, a source told *Star* magazine that Jen's new bust is the result of surgery. "Jen wants John to think she's the sexiest woman alive, and having her breasts done and flattening her trouble spots will help her confidence," a pal said.

**COST:** \$11,000

**BODY:** Jen does daily yoga workouts and 20-minute daily cross-training sessions with a personal trainer as well as following a low-carb diet. "I do yoga, run, eat well and take care of myself," she says.

**COST:** \$4700 a month

**THIGHS:** Jen has reportedly had procedures that dissolve fat cells through micro-injections to get rid of the wobbly bits on her upper thighs. "She's insecure about her butt and thighs and the treatment is quick and pain-free," a pal told *Star* magazine.

**COST:** \$1,000 a session

**SKIN:** Jen is said to spend up to \$20,000 a month on skin treatments, including chemical peels, microdermabrasion, facials and anticellulite treatments.

**COST:** \$20,000 a month

Jen may have spent \$100,000 on her body last year alone!

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WE DON'T BELIEVE JEN WANTS TO HANG OUT WITH BRAD AND HIS KIDS. NO WAY!

## 'AUNTY JEN' MEETS THE TWINS?

UNLIKELY CONSIDERING HER RECENT DIG AT BRAD!

Is Brad Pitt bringing his twins over to ex-wife Jennifer's place to meet their Auntie Jen? Of all the unlikely stories to come out of the US media, this one takes the cake.

Jen recently joked how ridiculous it would be if she hung out with ex-hubby Brad, 45, and Angelina Jolie, 33, with their kids, "Zahara on my hip, and Knox..." But a US mag claims the meeting will happen! A source alleges Brad has agreed to bring them by her place – and Ange was thrilled with the idea!

"I'd like you to meet the twins, what do you say?" the actor reportedly said. An excited Jen allegedly "can't wait to play Auntie" and is buying the babies gifts.

It seems even less likely considering Jen's recent dig at Brad allegedly cheating on her.

Talking about break-ups, Jen tellingly quipped to *Marie Claire* magazine, "I want the truth, because it comes out eventually, and then everybody looks like an asshole."

We don't see Jen playing Auntie to Brad's brood any time soon...

## John's joke engagement: not funny!



HAS PRANKSTER JOHN TAKEN THE JOKE TOO FAR?

In the lead up to her 40th birthday, Jennifer's on/off beau John sparked marriage rumours when he publicly announced that he was preparing to present her with an engagement ring.

The serial joker said via his online Twitter page that he was "Visiting the Diamond Exchange in Tustin". The next day he updated his status with, "Welding an engagement ring for my girlfriend."

While it remains to be seen if the muso – who is notorious for his pranks – was serious, insiders suggest he's just up to his old tricks. "He's probably just messing around. Why would he tip off everyone?" says a source. Adds a Hollywood insider, "It's certainly not cool that he's happy to make jokes about such a serious matter. It's his cruellest gag yet."