

epiclinic®

FACIAL REJUVENATION
GUIDE

WHAT IS FACIAL REJUVENATION?

Facial rejuvenation is the process of rejuvenating both the health and the appearance of your skin.

Facial rejuvenation can:



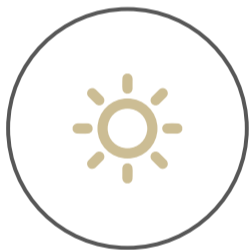
SLOW DOWN INTRINSIC AND EXTRINSIC AGEING



RESTORE VOLUME



IMPROVE FINE LINES AND WRINKLES



REVERSE SUN DAMAGE



RESTORE FACIAL DEFINITION



IMPROVE SKIN ELASTICITY



Whether you are sick of hearing “you look tired today” and your reflection not representing how you feel, are re-entering the work force, or just feel like you need a freshen-up, facial rejuvenation can help you portray a more confident you.

WHAT DOES FACIAL REJUVENATION INVOLVE?

Facial rejuvenation involves combining different treatments to create an individual treatment plan to improve your concerns. We take into consideration your desired outcome, affordable downtime and your own personal preferences (no needles etc.) to work together and create a personalised experience.

Typically, facial rejuvenation involves:

- Anti-wrinkle injections to relax the muscles that form new wrinkles
- Dermal fillers to replace lost volume
- Laser to improve skin texture and quality that can help disguise the signs of sun damage
- Exilis Protégé Elite™ to restore some of the elasticity in the skin by stimulating the production of collagen and elastin

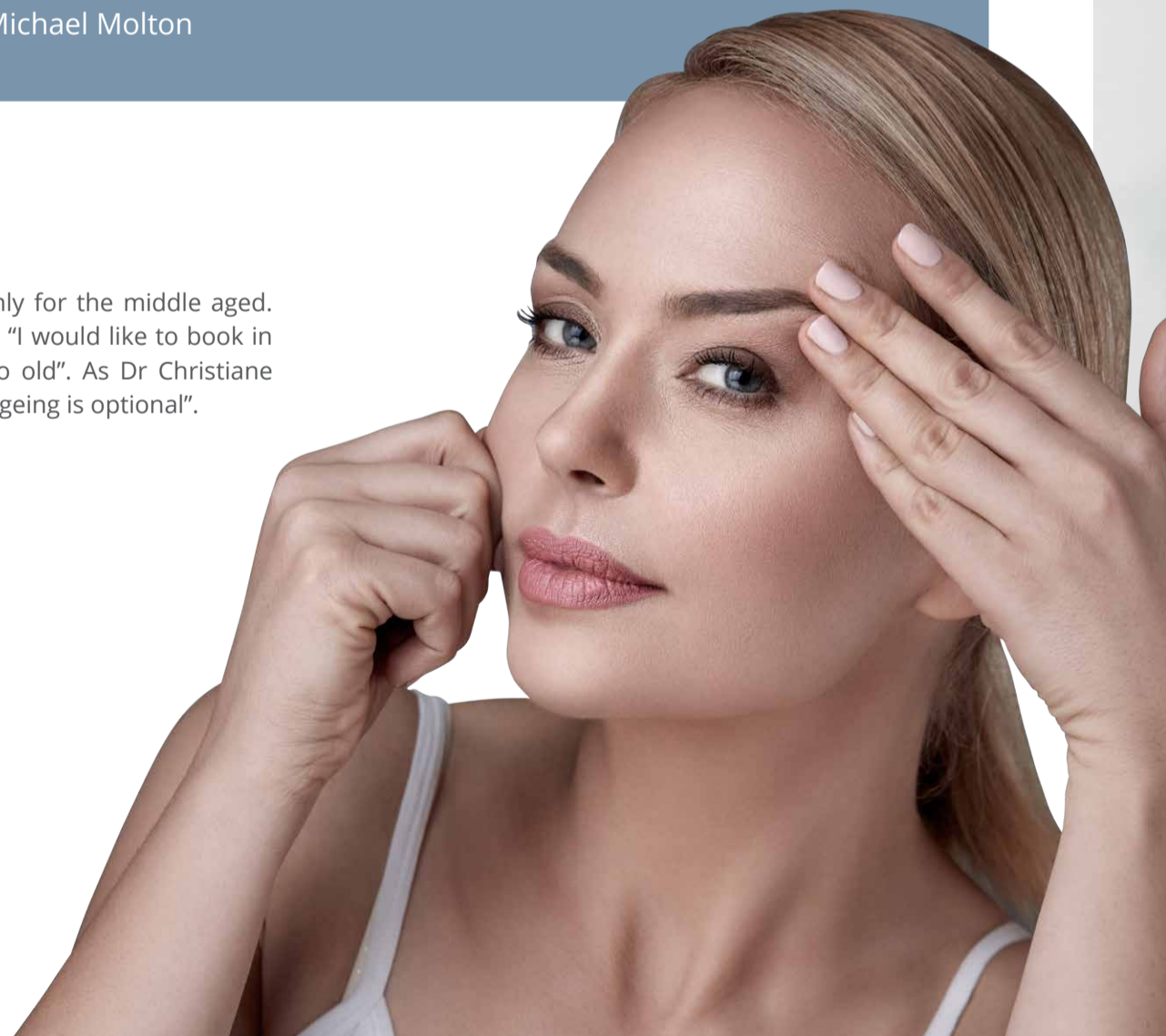


“Facial rejuvenation procedures including Exilis and Fraxel have really revolutionised the industry. We partner these impressive tools with procedures like our dermal fillers and anti-wrinkle injections to give our patients a completely refreshed, natural look.”

- Dr Michael Molton

Facial rejuvenation is not a process intended only for the middle aged. A comment we commonly hear on the phone is, “I would like to book in to discuss facial rejuvenation but I think I’m too old”. As Dr Christiane Northrup once said, “Getting older is inevitable, ageing is optional”.

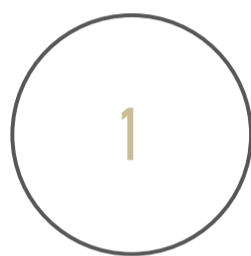
Love your skin. Love your face. Love epiclinic®.



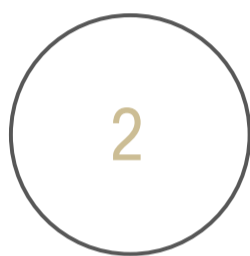
ANTI-WRINKLE INJECTIONS

When it comes to intrinsic ageing, or the natural ageing process, it's a case of when and not if. Wrinkles and facial lines are inevitable, but that doesn't mean they aren't preventable.

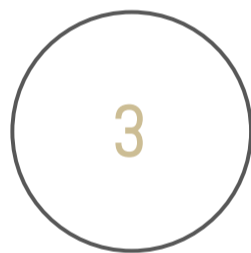
The most common areas for anti-wrinkle injections are:



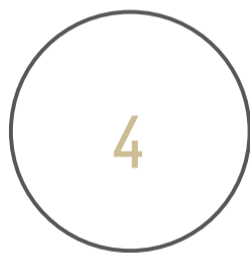
FOREHEAD



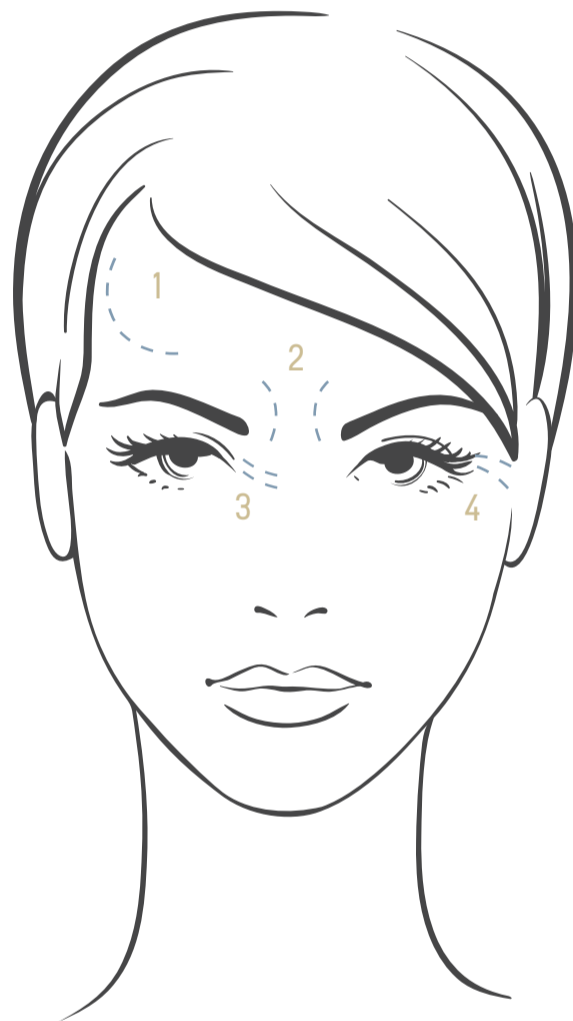
GLABELLA (BETWEEN EYEBROWS)



BUNNY LINES



CROWS' FEET

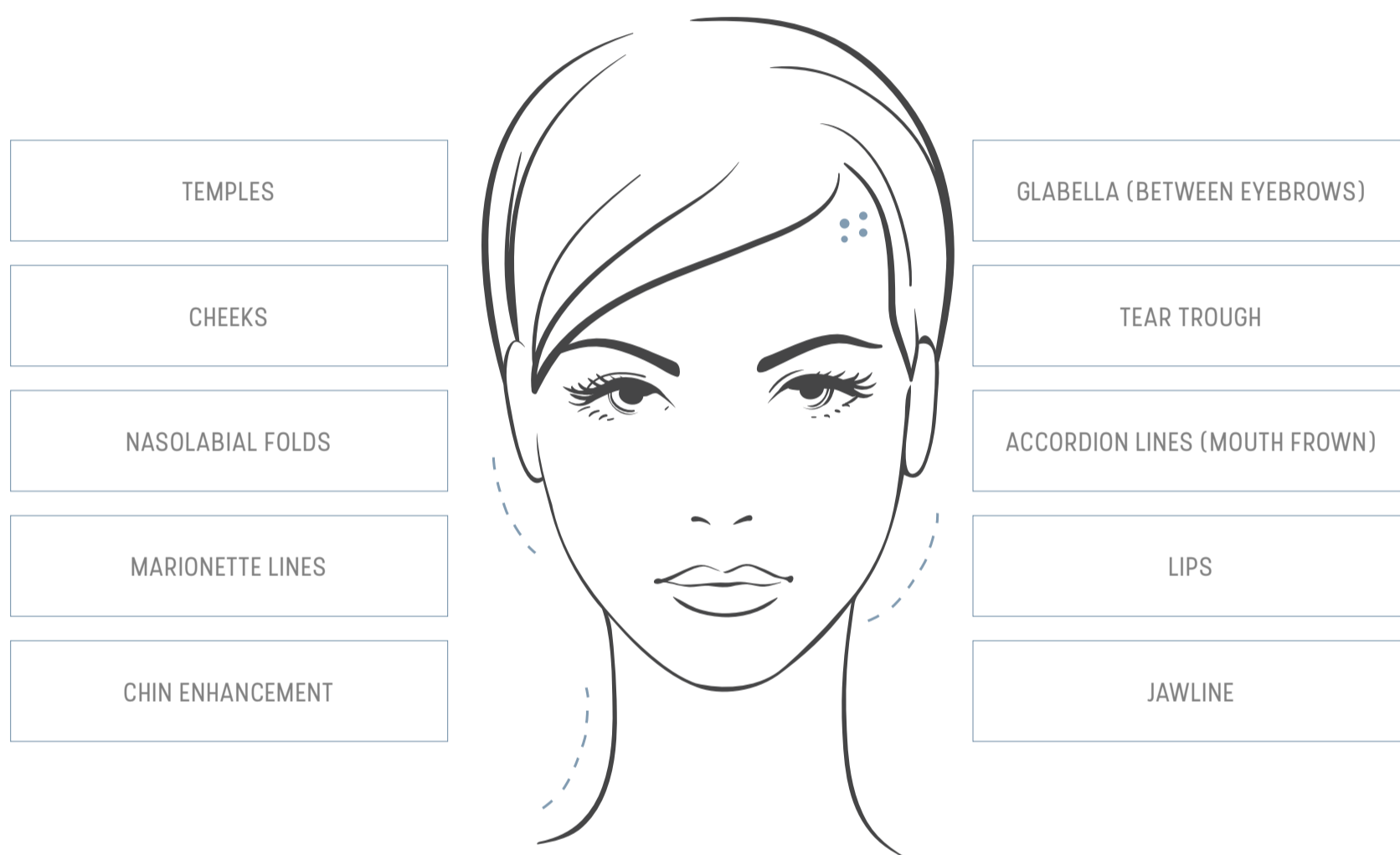


Anti-wrinkle injections are performed with a tiny needle that some patients describe as feeling like a small pin prick and are over within a minute. Side effects are extremely rare but you may occasionally experience a small bruise that is easily covered up by makeup and will usually only last a few days. The effects of your treatment will last approximately 3-4 months.

DERMAL FILLERS

There are many different types of dermal filler to suit individual patients' needs and different facial areas. For comfort during treatment many products are formulated with anaesthetic. As we age, the volume and moisture in our skin diminishes, which results in fine lines, wrinkles and dehydration.

Dermal fillers can improve the volume and appearance of areas such as the:



Your doctor will perform an Ultrasound during your consultation and at the time of your post treatment review and overlap this imaging to scientifically measure the improvements and success of your treatment.

WHAT IS THE BEST TREATMENT FOR ME?

It's common for people to confuse dermal fillers with anti-wrinkle injections. While dermal fillers and anti-wrinkle injections are both injectables, they work in entirely different ways.

The best treatment for your wrinkles and facial lines depends on whether they are what we call 'dynamic' lines or 'static' lines. Dynamic lines are those that appear and disappear with the change of facial expressions whereas static lines are there regardless of your expression.

- Dynamic lines are treated with anti-wrinkle injections (muscle relaxants) and prevent the formation of static lines.
- Static lines are treated with dermal fillers to fill in already existing lines, deep creases and areas which have lost volume over time.
- Anti-wrinkle injections and dermal fillers are often used in conjunction with one another for optimal results

FRAXEL LASER™

The Fraxel Laser™ is a non-ablative laser that addresses not only the visible signs of ageing such as skin tone, texture and pigmentation but also treats pre-cancerous lesions and improves wrinkles as well as acne and surgical scars by stimulating the body's own natural healing process to create new collagen. Old and damaged cells are replaced with fresh, glowing, healthy skin. Fraxel® is an excellent treatment for the face, neck, chest, arms, legs and back.

HOW DOES IT WORK?

Fraxel® uses fractional technology to target skin with microscopic laser columns that penetrate the skin. The laser treats only a fraction of tissue at a time, leaving the surrounding tissue untouched which promotes rapid healing and stimulates your body's own natural healing process, replacing the old and damaged cells with new ones.

WHEN WILL I SEE RESULTS?

Results are both immediate and progressive. About one week post treatment you will begin to notice your skin feeling softer, looking brighter and clearer, and a more even tone. Over the next 3 to 6 months a process is going on in the deep layer of your skin that creates new collagen which results in the improvement of fine lines and wrinkles.



ACUPULSE™ LASER RESURFACING

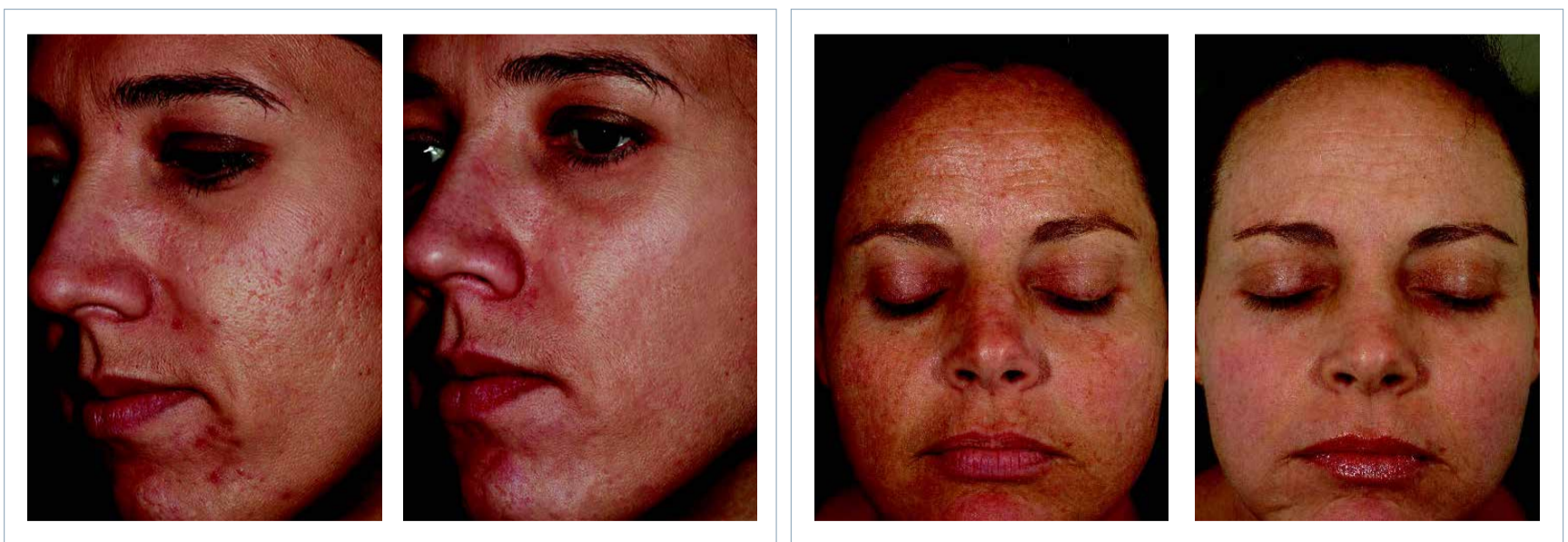
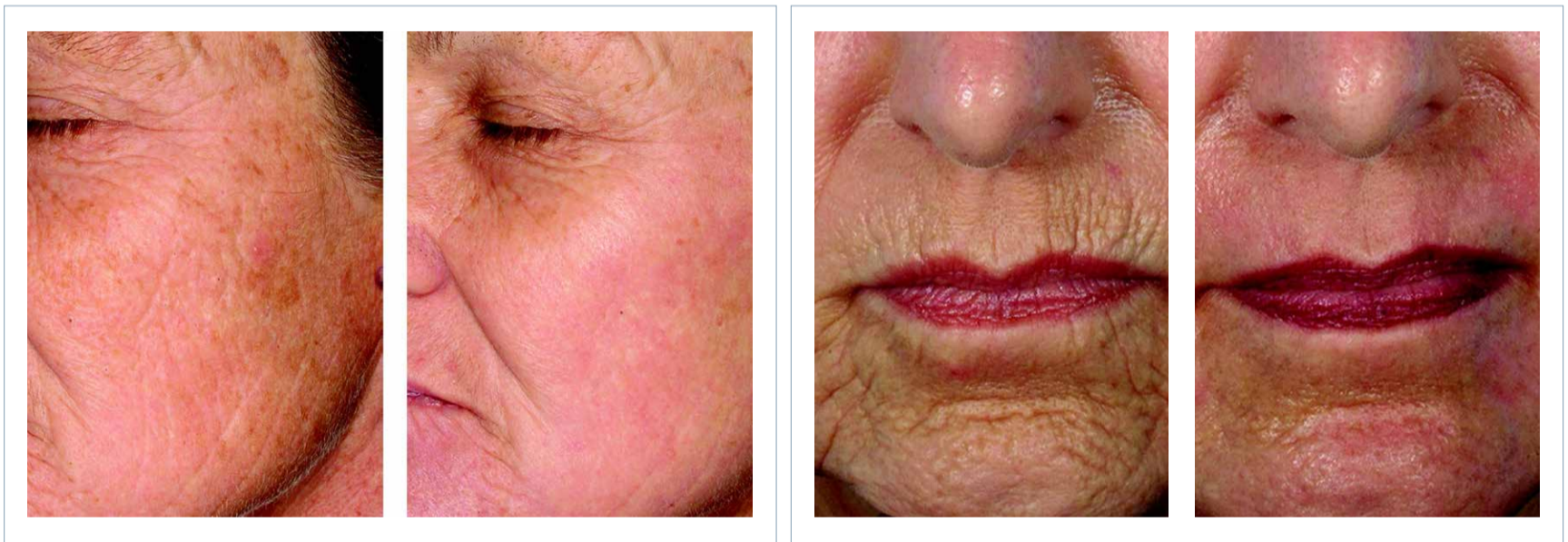
AcuPulse™ is an ablative fractional laser that treats a range of skin ageing concerns such as deep wrinkles, fine lines, redness, pigmentation and uneven skin tone and texture. The great thing about AcuPulse™ is that results are visible after one single treatment.

HOW DOES IT WORK?

The AcuPulse™ fractional laser creates microscopic channels that trigger the process of new collagen and elastic fibres production, while leaving some unaffected skin in between the channels to reduce healing time. The result is deep dermal regeneration that significantly improves your skin elasticity and appearance.

WHEN WILL I SEE RESULTS?

The main advantage of AcuPulse™ is that results are visible after one single treatment. As your skin heals following the treatment you will begin to notice an improvement and you should expect to continue to see improvement for up to two years following the procedure.



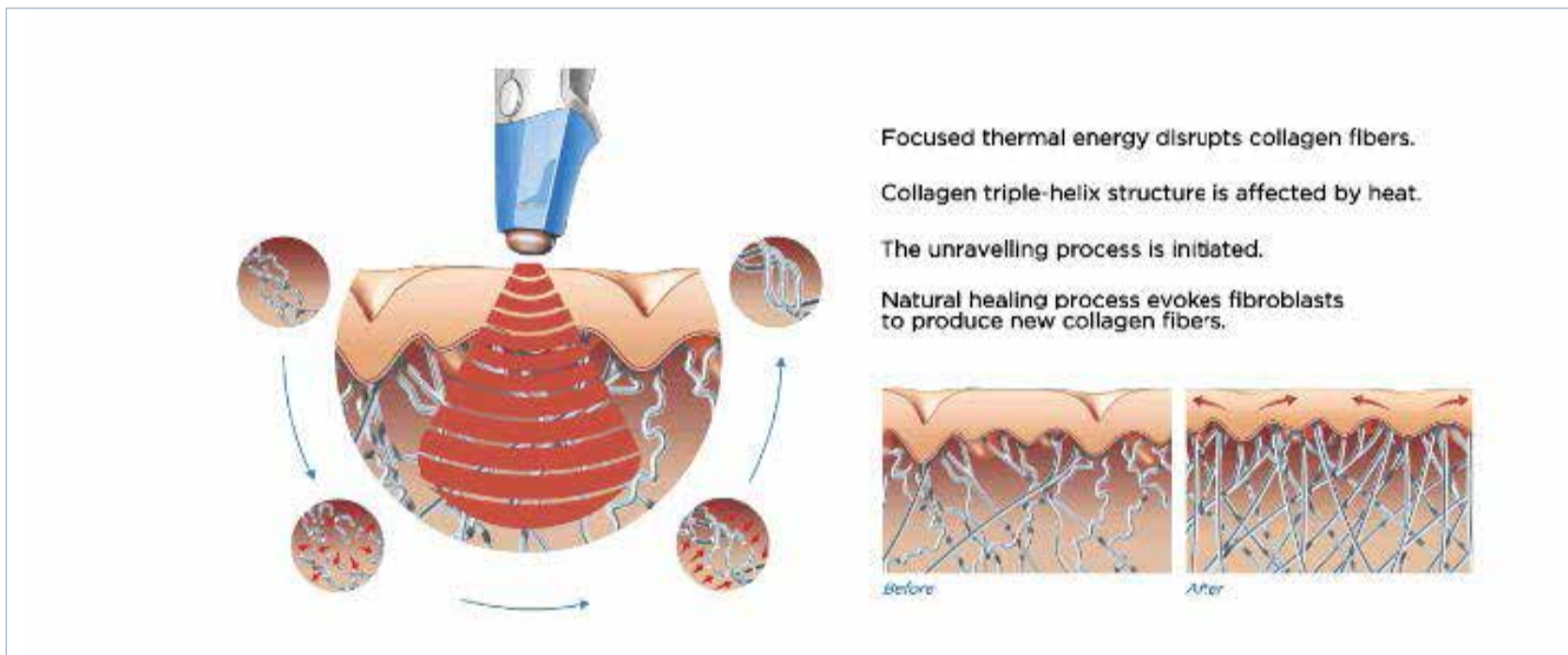
EXILIS PROTÉGÉ ELITE™

WHAT IS EXILIS?

Exilis is the WINNER of three INTERNATIONAL AWARDS 2013 for skin-tightening. Skin tightening is the current ‘buzz phrase’ in facial rejuvenation taking the world by storm. The revolutionary multi-award winning technology is a non-invasive, virtually pain-free technology which uses both ultrasound and mono-polar radio frequency to tighten skin.

HOW DOES THE EXILIS SYSTEM WORK?

The Exilis technology uses a specific radio frequency combined with ultrasound waves that target the structures that make (and keep) the skin springy and tighter. The Exilis technology is precise and offers an easy and nearly pain-free solution, which can be used to treat the area you wish to change. With each patient being unique in skin texture, elasticity and tensile strength, it is essential to attend for consultation and examination prior to proceeding.



THE BENEFITS OF THE EXILIS TECHNOLOGY

The demand for non-invasive procedures that slow down the signs of ageing such as sagging jaw-line and prominent lines has increased dramatically in recent years. The Exilis technology has been voted the BEST device to tighten sagging skin. Most patients don't want surgery and don't want to look plastic. Exilis is ideal to give that refreshed tightening effect to the face and the body while preserving the natural identity of the patient without attracting unwanted attention. If you have been getting “my, you look tired”, or “don't look so worried”, you can expect these comments to reduce or disappear. Just leave them wondering!

- Non-invasive
- Virtually pain-free
- Precise and targeted for deep skin penetration
- Safe and effective
- Little-to-no downtime

WHERE SHOULD I GO FOR FACIAL REJUVENATION?

Creating results that meet and even exceed patient expectations are the goal of most cosmetic practitioners. However, there is a major difference between a practitioner who just gives the patient a cookie-cutter treatment plan and a practitioner who creates a bespoke treatment plan as well as educates the patient.

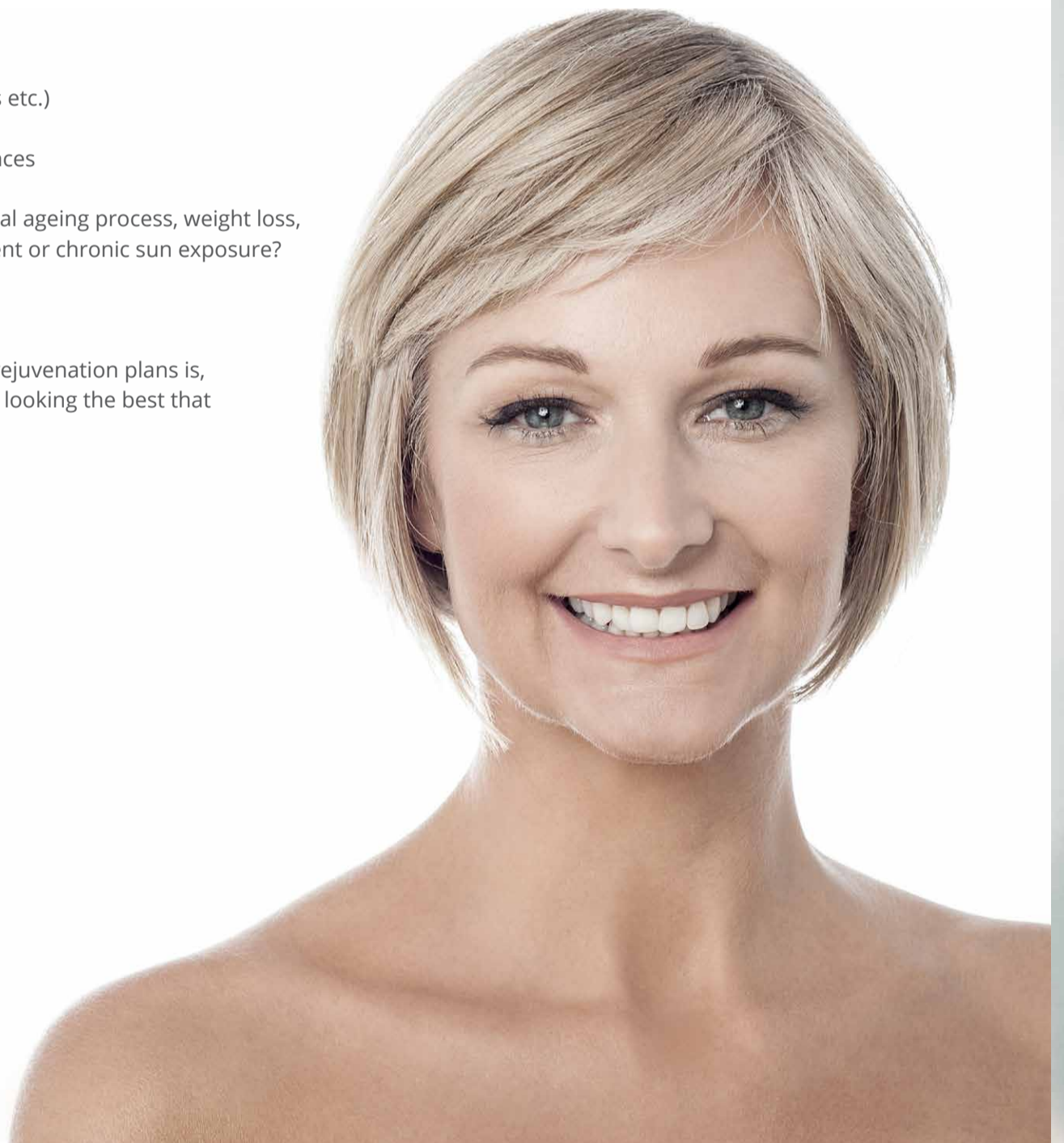
To produce an individual facial rejuvenation plan, some physical factors we consider are:

- Skin elasticity: For many of us, the ageing process results in thin and loose skin.
- Volume: Volume loss in areas of the upper face will cause sagging of the lower face. Replacing lost volume helps to maintain the shape and support of the face.
- Skin surface texture and clarity: Reversing accumulated sun damage.
- Lines and wrinkles: Reduce existing lines and prevent the formation of new ones.

The above issues can be treated using modern minimally invasive treatments. While the approach to assessing each patient is the same, the findings will always be different and so too the treatment plan. Other important factors we take into consideration when creating a treatment plan are:

- Your goals and expectation
- Your treatment preferences (no needles etc.)
- Your availability and downtime preferences
- What caused the issue? Was it the natural ageing process, weight loss, a genetic predisposition, medical treatment or chronic sun exposure?
- How can we impact these causes?

A quote we refer to when creating facial rejuvenation plans is, "It's not about looking 20 again. It's about looking the best that you can, for as long as you can."

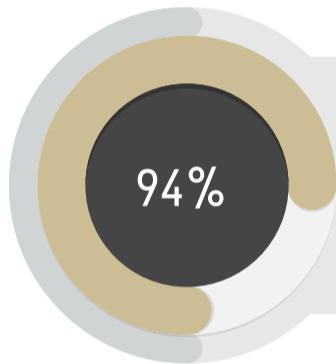


FACIAL REJUVENATION PATIENT SATISFACTION AT EPICLINIC[®]

We strive to ensure your satisfaction as a patient by providing a comprehensive report to all new patients to outline in detail:

- Examination findings
- Treatment suggestions
- Anticipated outcomes
- Firm costings prior to treatment

We also use advanced Ultrasound Imaging that measures treatment success quantitatively and do not rely solely on the eyes of your clinician or 2D imaging for before/after assessment.



OF PATIENTS SCORED EPICLINIC 5/5 (COMPLETELY SATISFIED) THROUGH PATIENT FEEDBACK.



FACIAL REJUVENATION WITH EPICLINIC®

Our facial rejuvenation plans are designed to combine several treatments to improve the health and appearance of your skin and any concerns you have. We aim to bring out the best version of you.

WHY CHOOSE US?



We are accredited by the Australian Council on Healthcare Standards (ACHS) and only use TGA approved products.



Our focus is on natural fresh appearance, and we understand the desire for an understated, not overdone, appearance.



We use advanced Ultrasound Imaging that enables us to accurately track real enhancements, real changes, and satisfied patients.

20

We have over 20 years' experience and a high patient satisfaction rate.



Our treatments are always performed by a doctor and/or medical technician.

COME IN FOR A CONSULTATION TO DISCUSS YOUR SITUATION

With each patient being unique, it is essential to attend for consultation and examination prior to proceeding.

Before any treatments begin, we will sit down and have an in-depth discussion with you. The discussion will include your vision, your concerns, and the expected outcomes of your treatment selections. As a result of our discussion with you, a treatment plan will be devised to best suit you and your requirements.

From when you first step into our practice, Dr Michael Molton and our friendly team are passionate about making your visit as positive as possible. We are here to listen to your concerns and then together with you reach your desired results. Come in for a confidential consultation and find out what we can do for you.

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